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Europa



**Всемирная организация
здравоохранения**

Европейское региональное бюро

Challenges in reproductive health in EU

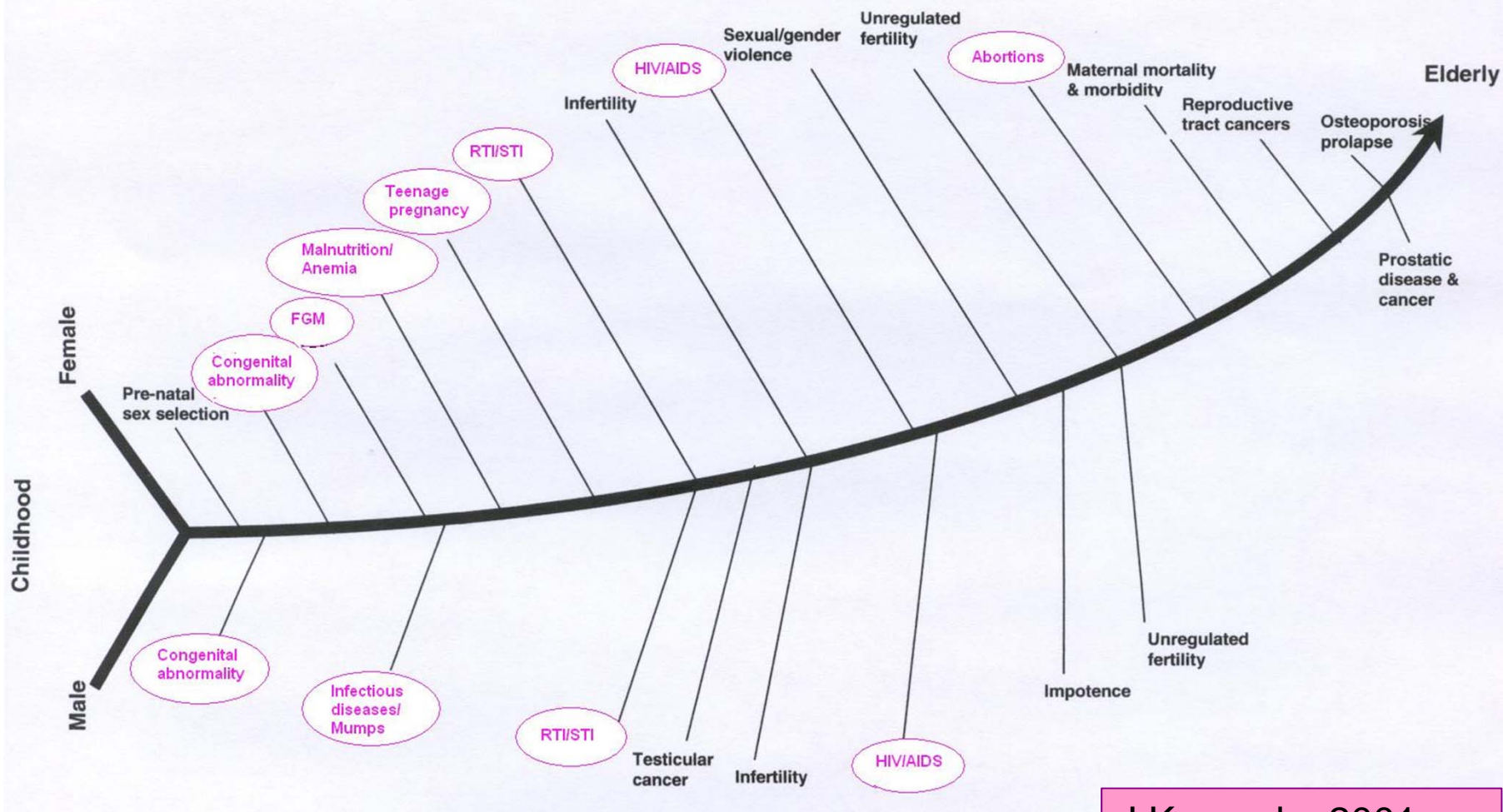
Dr **Gunta** Lazdane

Programme Manager, Sexual and Reproductive Health
Division of Noncommunicable Diseases and Lifecourse



Sexual and Reproductive Ill-health

A lifecycle gender-sensitive representation



J.Kasonde, 2001

Reproductive health implies that men and women

- are able to have a **responsible, satisfying and safe sex life** and that they have the **capability to reproduce and the freedom to decide** if, when and how often to do so.
- have access to **information** and to the safe, effective, affordable and acceptable **methods of fertility regulation** of their choice, and to appropriate **health care services**



WORLD

CONTRACEPTIVE USE

2014



**Percentage of women who are using a form of contraceptive among those aged 15-49 who are married or in a union;
latest available data**

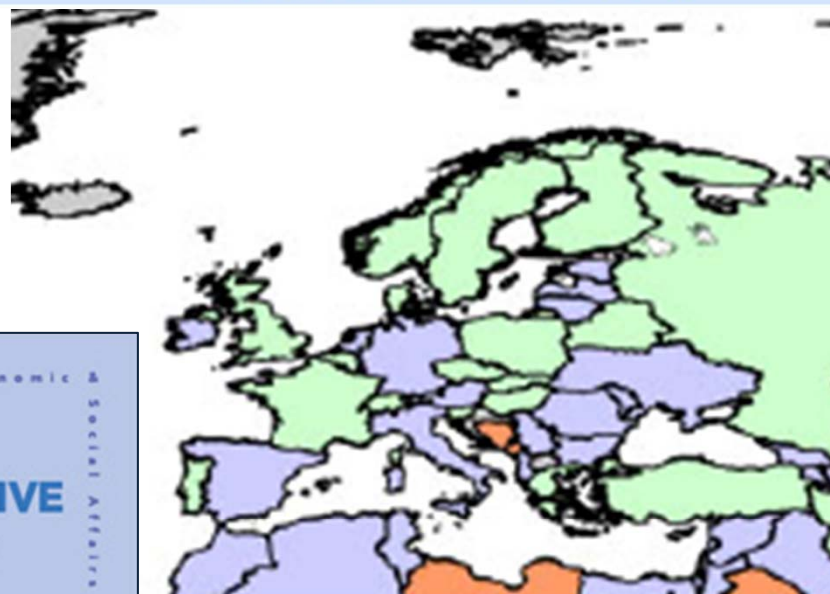
Economic & Social Affairs

WORLD CONTRACEPTIVE PATTERNS

2013



United Nations
Department of Economic and Social Affairs
Population Division

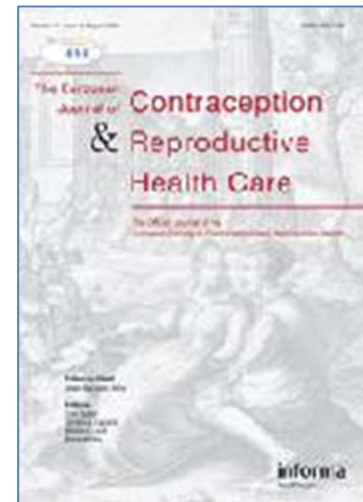


**Contraceptive prevalence
(percentage)**

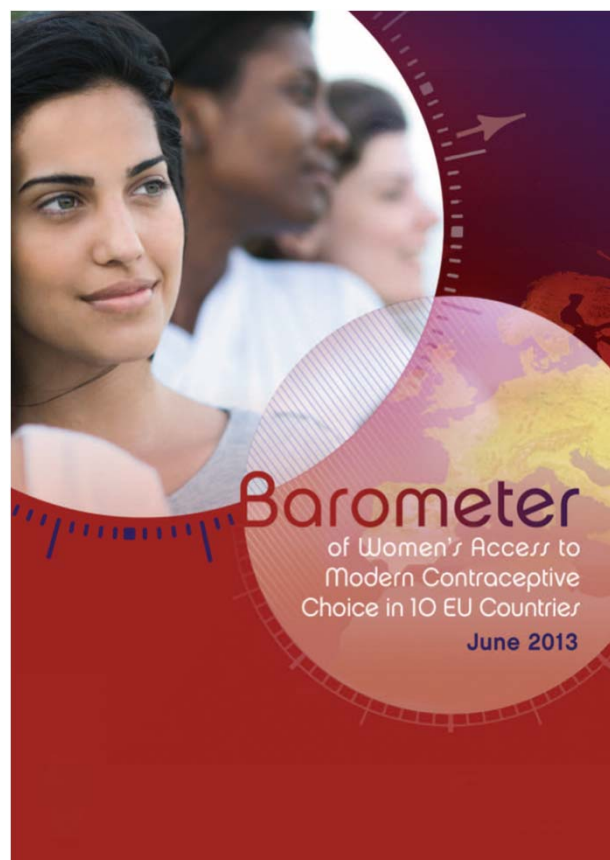


Contraceptive prevalence

- **LACK of updated comparable data!**
- **THE REPRODUCTIVE HEALTH REPORT** “The state of sexual and reproductive health within EU” - REPROSTAT 2011
- Regular surveys in some countries



Family planning=Public health



Policy making and strategy

General awareness of FP

Education for people and professionals

Reimbursement and prevention of discrimination



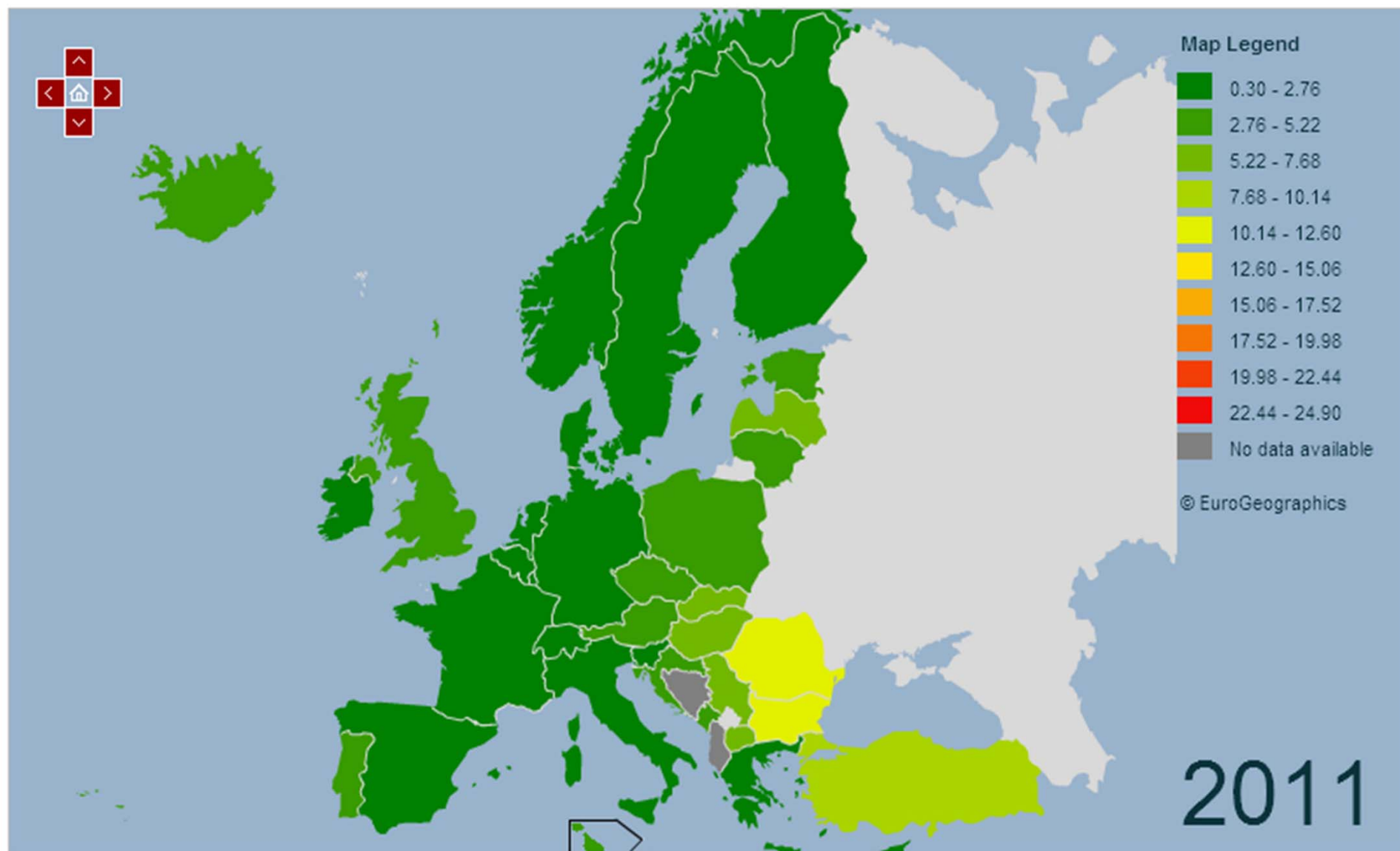
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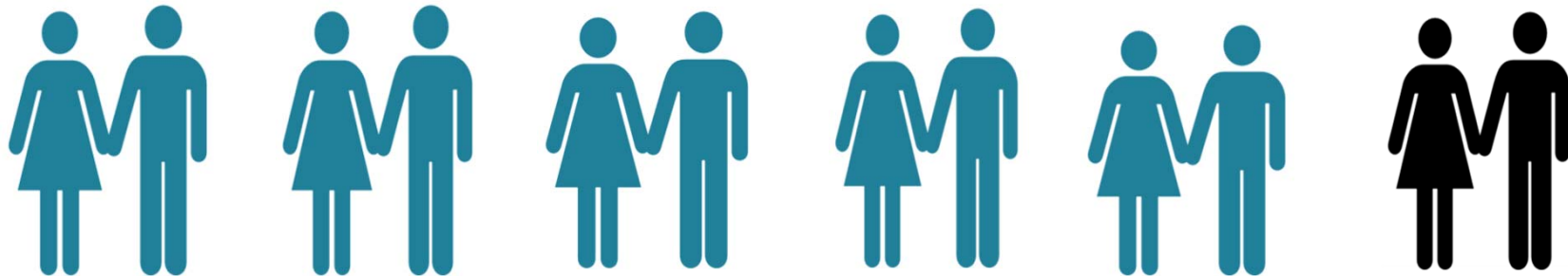
Percentage of live births in mothers younger than 20 years, time series of 51 years

The indicator 'Mother's age distribution' is defined as the distribution of live births by mother's age at last birthday (age completed). The indicator gives the per...



Source: European Core Health Indicators

Infertility



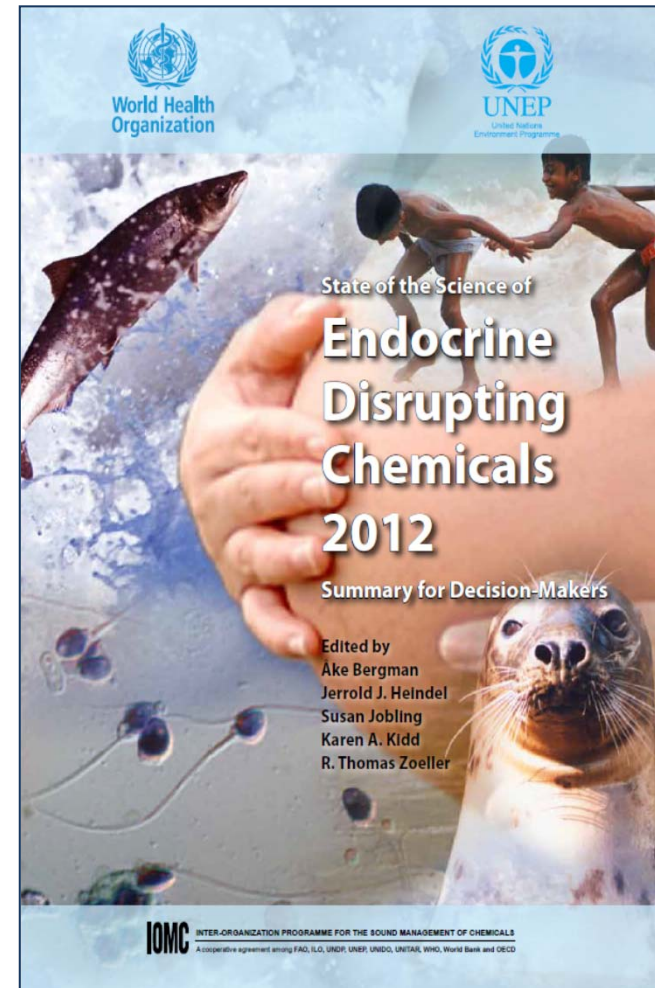
Main reasons:

- **Postponement of childbearing**
- Increasing **obesity** rates
- **Smoking** and **alcohol** consumption
- Increase in **STIs**
- Declining quality of **men's semen**

Reproductive system disorders and chemicals

Evidence:

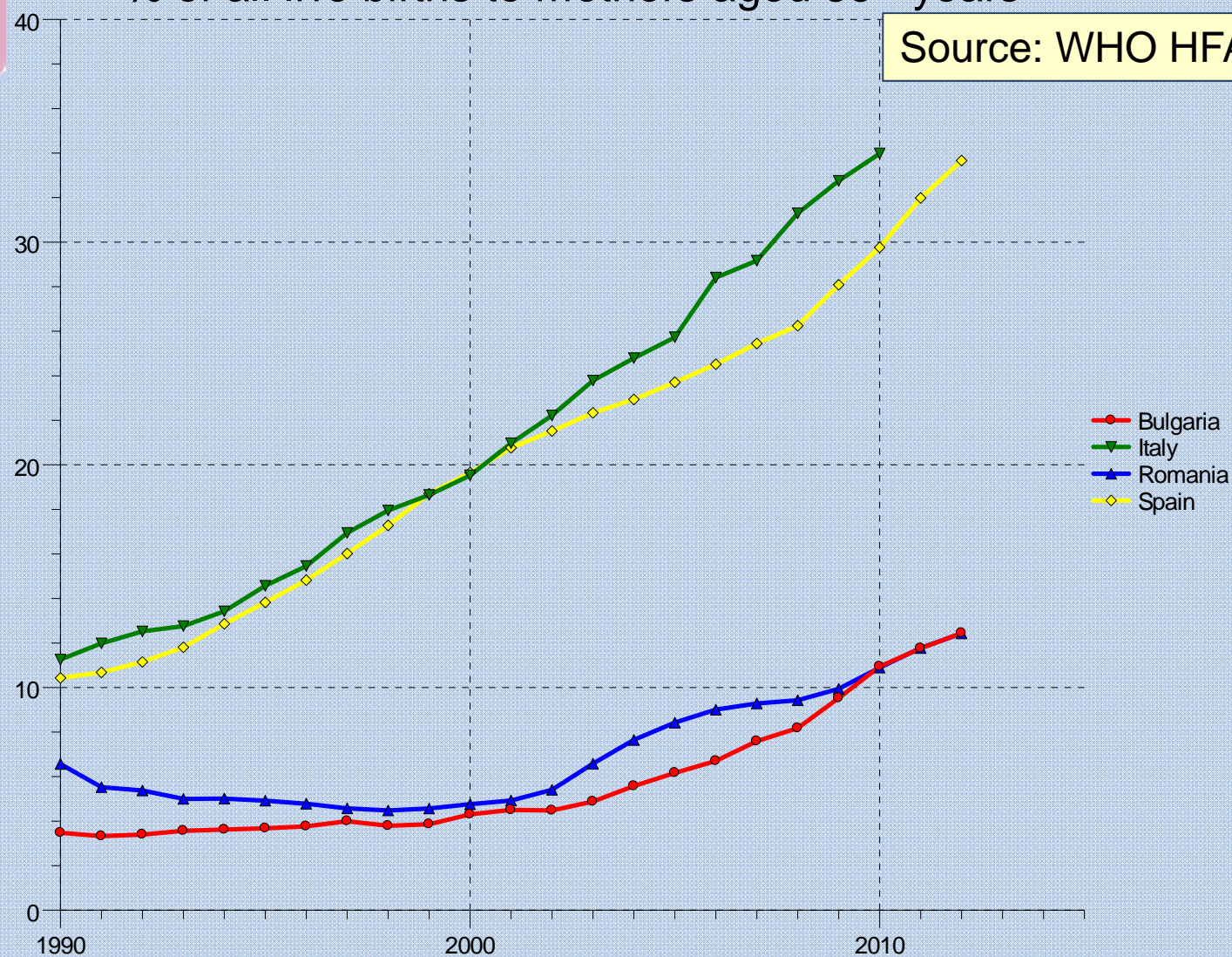
- **Endocrine disrupting chemicals (more than 800!!!) cause reproductive disorders**
- Multiple ways of exposure
- Failure to adequately address





% of all live births to mothers aged 35+ years

Source: WHO HFA DB, 2014

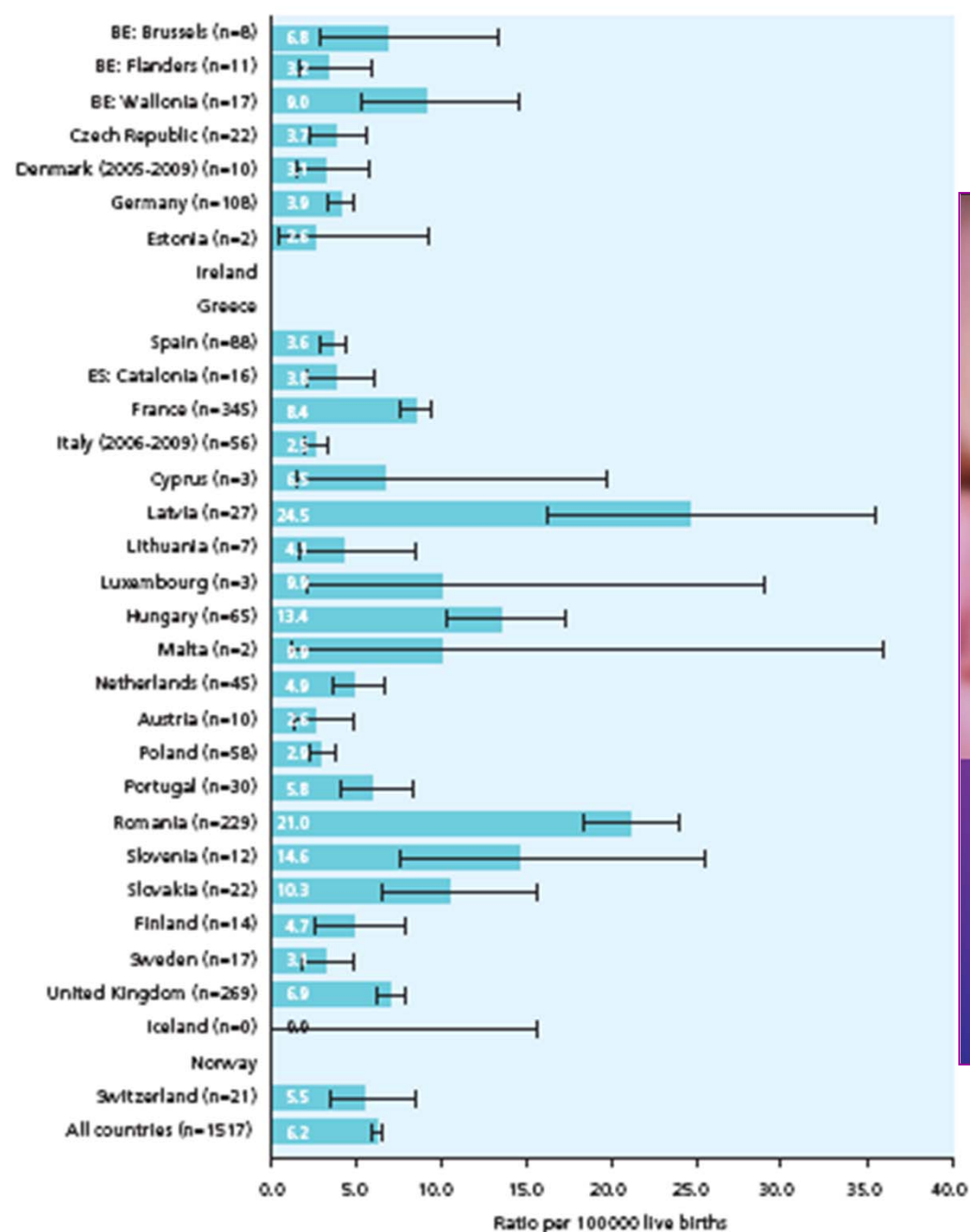


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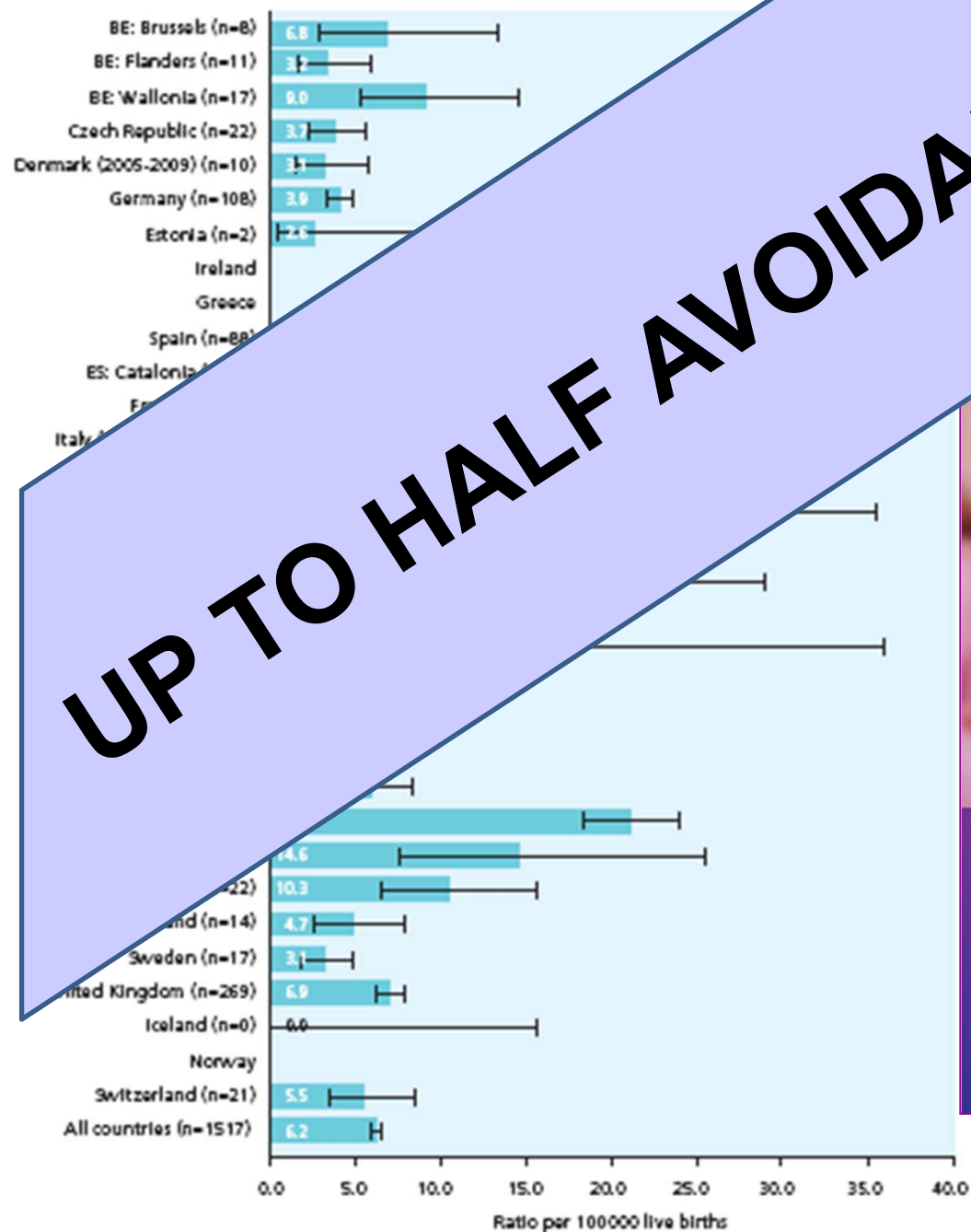
Figure 6.1 Maternal mortality ratio, 2006-2010



EUROPEAN PERINATAL HEALTH REPORT

Health and Care of Pregnant Women and Babies
in Europe in 2010

Figure 6.1 Maternal mortality ratio, 2006-2010



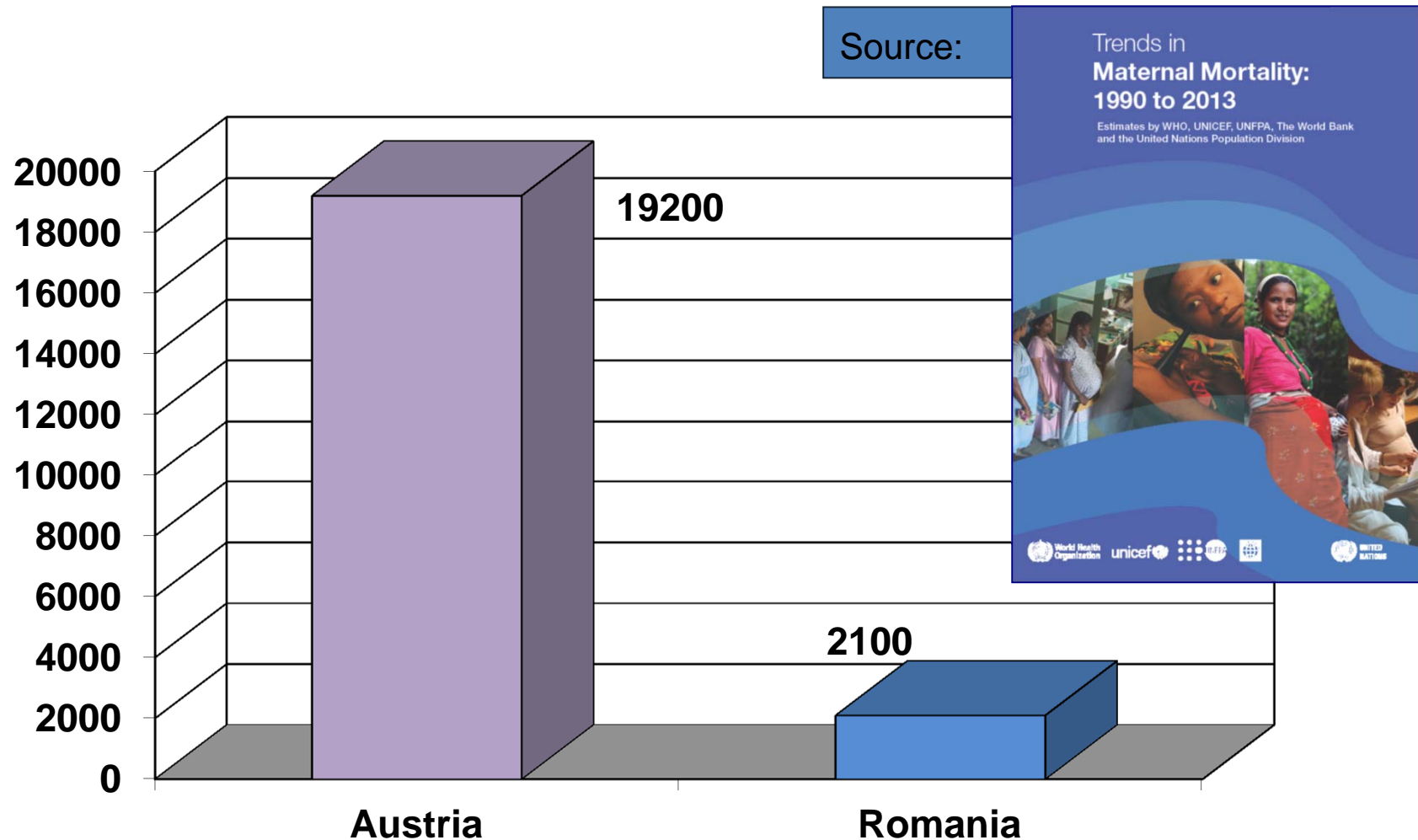
UP TO HALF AVOIDABLE!



EUROPEAN PERINATAL HEALTH REPORT

Health and Care of Pregnant Women and Babies
in Europe in 2010

Lifetime risk of maternal death 1 in ...



EU

**Cardiovascular
diseases**

SAVING MOTHERS' LIVES

WHAT ARE PREGNANT WOMEN DYING FROM?

28%

Pre-existing medical conditions exacerbated by pregnancy (such as diabetes, malaria, HIV, obesity)

3%

Blood clots

8%

Abortion complications

9%

Obstructed labour and other direct causes

27%

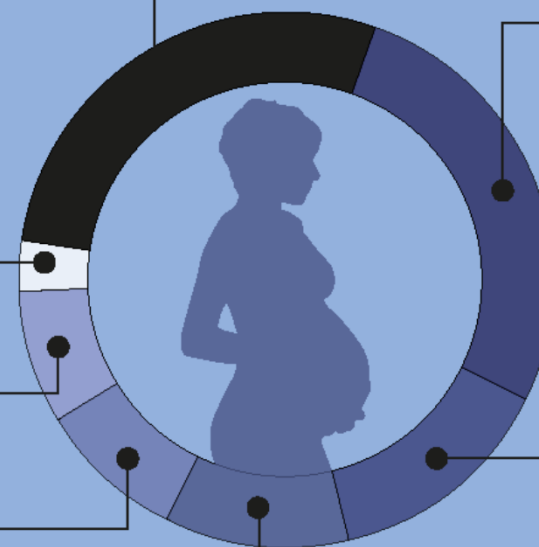
Severe bleeding

14%

Pregnancy-induced high blood pressure

11%

Infections



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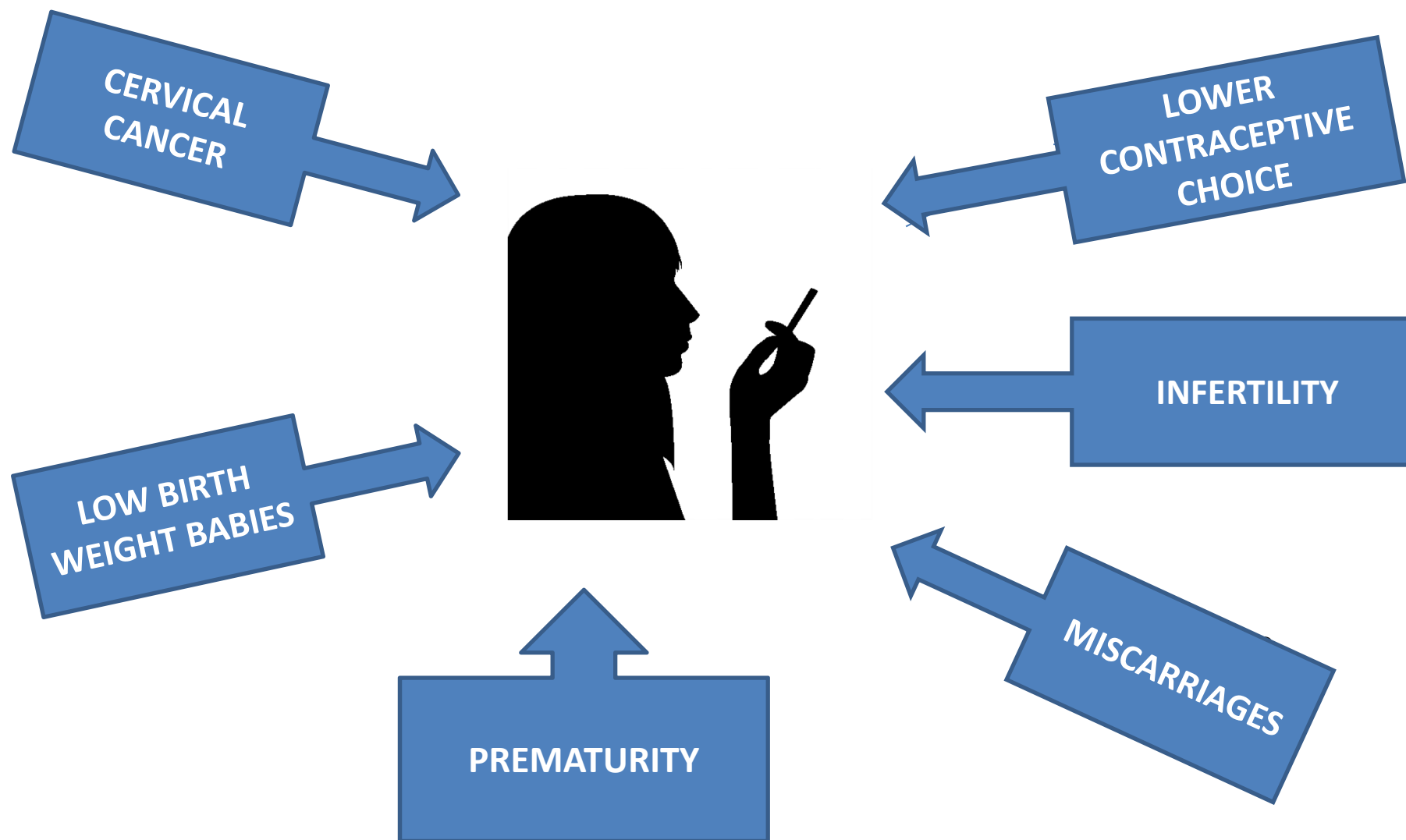
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Violence against women:

- ↑ STI/HIV
- ↑ smoking, alcohol and drug use
- ↑ depression including postnatal
- delayed prenatal care
- ↑ obstetric complications
- **16% more likely** – a low birth-weight baby



Recommendations

- Ensure collection of disaggregated **internationally compatible SRH data** including VAW on regular basis – SURVEYS
- Establish surveillance system of disorders caused by **endocrine disrupting chemicals**
- Monitor the **quality of data** and **inform policy makers**

Recommendations (2)

- Join EU countries introducing enhanced systems of collecting maternal mortality and morbidity data (UK, France, Netherlands, Portugal, Estonia, Slovenia, Latvia)
- Develop a national all-government **SRH policy** and **action plan**
- **Take actions** on the topical SRH issues

European policy framework – Health 2020

