

Ministero del Lavoro, della Salute e delle Politiche Sociali

Direzione Generale della Prevenzione Sanitaria

If you are **traveling** to an area affected by
the **New Human Influenza A(H1N1)**
beware

Avoid crowded places and mass gatherings

Wash your hands frequently and thoroughly

With soap and water or use alcohol based detergents solutions or disinfecting wipes, avoiding to touch your eyes, nose or mouth with unclean hands.

Cover mouth and nose when coughing and sneezing, using paper tissues

Dispose properly of used tissues in a bin

Stay at home when feeling ill and certainly not travel while unwell

If you are **returning** from an area affected
by the **new Human Influenza**
A(H1N1)

In case of

**Fever, cough, sore throat, shortness of breath and
other flu-like symptoms**

within 7 days after your arrival



On a precaution basis

**Seek the advice of your physician, or
or dial 1500**

www.ministerosalute.it