



Funded by  
the Better Training for Safer Food  
Initiative of the European Union

# BETTER TRAINING FOR SAFER FOOD

TRAINING COURSE 2020-2021  
ON "the EU rules on general  
food labelling and claims as  
well as on specific categories  
of foods such as food  
supplements, foods with  
added vitamins and minerals  
and foods for specific groups"  
MAINLY FOR EU  
MEMBER STATES  
UNDER THE "BETTER  
TRAINING FOR SAFER  
FOOD"



SERVICE CONTRACT NUMBER (CHAFEA): 2016 96 08  
INFORMATION TO NATIONAL CONTACT POINTS

Version	Date of emission	Descriptions of modifications
1	31/10/2019	-

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# 1. GENERAL INFORMATION

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## 1.1. SUBJECTS COVERED

### **Food Information and Législation**

The objective of this training course is to share good practices and harmonise the implementation among EU Member States of the official controls on food Labelling and to inform non-EU countries.

During the course, attendees will look at the food information regulations in detail and experience a number of training situations to explore the regulations. FIC is a horizontal legislation and covers all areas where food is supplied to the consumer. The food retail market is both enormous and vibrant. There are thousands of new food products presented to the EU market every year. The course cannot cover all food products completely. Attendees will therefore role play different situations and products to which the regulations apply. The aim is for participants to learn lessons and to help develop a consistent approach to enforcement with colleagues from other member states.

In the course, the participants will experience active learning involvement which the team have developed from the experience of the tutors over the previous BTSF programme on FIC. The FIC is detailed in some areas and these details can help in explaining the requirements of the regulations in other areas. The tutors will develop scenarios using their experience in the field and help the participants address the issues and expand their knowledge. The participants can also develop this approach to learning as they will also be able to come with their own ideas and labelling issues and use the expertise of those on the course to develop a more consistent approach to address these local issues thrown up by the FIC.

For food information, there are specific horizontal rules and this more project-based approach will help in highlighting these rules to the attendees.

Linking the legislation on food information to the legislation on claims, supplements and foods for specific groups allows a holistic approach to be taken to these foods which are orientated towards the health of the consumer. All these pieces of legislation are linked to various degrees and address the different pieces of legislation in the same course enables the links to be explored in detail. There are still areas of food information which are legislated at a local level and these local rules can also be investigated and enforcement officers can learn from the experience of their colleagues.

As the list of topics to be covered is quite extensive, we should rely on the background of the participants and consider that they are duly prepared and aware of the basic contents of this training. For this reason, we suggest that the List of Relevant Legislation and reference documents will be sent to all the participants prior to the training session as well as a manual based on the Final Syllabus from the previous project on the same subject, allowing them to have basic knowledge on the subject.

Moreover, a pre-course assignment with a questionnaire will be delivered to all the attendees before the training. This tool will be important as it will help the Tutors to adapt their approach (if needed) to reach the pedagogical objective in the available training time.

## **Nutrition and Health Claims**

Foods often bear nutrition and health claims. More and more claims can also be seen on the internet. Regulation (EC) No 1924/2006 aims to ensure a high level of consumer protection and an effective functioning of the internal market.

The objective of the training is to improve the knowledge of participants in the field of nutrition and health claims and to exchange information and experiences between officials of the different Member States, in particular concerning the proper enforcement of the Regulation. The aim of the sessions is to explain the variety of claims defined in Regulation (EC) No 1924/2006 and under which conditions these claims are allowed to be used. Furthermore, the different procedures for the authorization of health claims, the rules for trademarks and brand names which can be regarded as nutrition or health claims and the labelling requirements will be discussed.

The tutors will also pay attention to interpretation matters. The concept of the exercises is to put into practice what has been learned. A quiz and the elaboration of answers for proposed questions shall guarantee a lively discussion among participants while expanding their knowledge.

## **Food fortification and Food Supplement**

The objective of this training course is to harmonise as much as possible the interpretations of relevant European FCI regulations on food supplements and fortified foods and to share good practices on their implementation among EU Member States, giving consideration to the specificities of these particular food products.

A specific objective of the course is to clarify the underlying public health and other policy motivations of the labelling regulations and their connections with the relevant overall EU policies

Linking the legislation on food supplements and fortified foods to the legislation on claims, will be very important for clarifying why some issues require particular attention.

In the course, the participants will benefit the active learning experiences which the tutors have developed from the experience over the previous BTSF programme on FIC.

## **Food for Specific Groups**

The objective of the section on Foods for Specific Groups (FSG) is to ensure a common understanding, interpretation and enforcement of the rules covering these products.

The rules applicable to these products are in a transition period. They are also interconnected with rules applicable to other categories of foods such as food supplements and ordinary foods. The change from the wider concept of foods for particular nutritional uses (PARNUTS) or dietetic foods with the abolition of the category as such is a very important change. The rationale of this change will be explained with reference to abuses that had been identified in the past, in particular those relating to abusive labelling practices that resulted in and may continue to create confusion about the legal identity or categorisation of products that could be FSGs, particularly Foods for Special Medical Purposes (FSMPs), food supplements or ordinary foods with claims.

The individual categories of products covered by the FSG legislation are regulated more specifically through acts that the European Commission should adopt. Delegated Commission Regulations on Infant formula and follow on formula and on FSMPs have been adopted but there is a transitional period for their application. Products could be on the market that may comply with the old rules and the new ones. Such aspects will be highlighted and discussed. Developments on expected

Commission Guidelines for the interpretation of the FSMP definition will be followed up and incorporated, as appropriate, in the training.

Delegated acts on Cereal-based foods and other Baby foods and Daily Diet replacement products for weight control have not yet been adopted and, therefore, the relevant existing Commission Directives, adopted under the previously applicable dietetic foods framework remain in force. The current rules will be explained and changes to the legal status of meal replacement products will be emphasised. The fate of ex-dietetic foods products (sports foods, low gluten/gluten-free and products low in or lactose-free) will be explained.

In the practical part of the programme participants would be encouraged to share experiences and problems at the national level. Representative real market examples will be included in relevant exercises while emphasis will be given to enhancing awareness of a wider legal framework that controlling authorities have to take into account as well as of potential collaboration among authorities of different Member States and the Commission services.

## 1.2. EVALUATION OF KNOWLEDGE ACQUIRED AND DISSEMINATION

It is advised to remind selected participants that knowledge acquired through this training shall be disseminated to colleagues. This training uses *train-the-trainer* approach; AETS Consortium will make soft copies of all the pedagogical material and tools available for this purpose.

Participants must also be informed that the knowledge acquired will be evaluated through anonymous:

- Pre-course tests organised at the beginning of the session;
- Post-course tests organised at the end of the session.

2-3 months following the course, an online questionnaire will also be sent by AETS consortium to each participant, in order to evaluate if the knowledge acquired has been used and disseminated.

## 1.3. EQUIPMENT OF PARTICIPANTS

It is recommended to ask participants to bring their own laptop or tablets.

## 1.4. SCHEDULE OF SESSIONS

10 Sessions of the program are scheduled from January 2020 to June 2021.

**This document covers only the first 2 Sessions**, another document will be provided for the remaining of the workshops planned for 2020 and 2021.

The dates and the location for the first 2 Sessions are provided in the table below.

N° Session	Time	Location	Organizer
Session 11	13-17 January 2020	Belgium, Brussels	AETS
Session 12	24-28 February 2020	Latvia, Riga	AETS

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## 2. SELECTION PROCESS

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### 2.1. INVITED COUNTRIES

The project will support a total of 300 participants:

- 255 participants originating from EU Member States and Candidate Countries;
- 10 originating from EFTA and EEA countries;
- 35 originating from ENP countries, Mediterranean basin countries and selected non-EU countries.

The number of trainees per invited country per session 1 and 2 is available in Annex 1. NCPs are kindly invited to contact the project manager if they have any questions.

### 2.2. SELECTION CRITERIA

The selection criteria for participants are:

1. **Relevancy to daily work:** participants should in priority be staff of Competent Authorities, with a position related to Official Controls;
2. **Sufficient level of language:** in order to ensure the transfer of knowledge and opportunities to exchange views, participants should master the language of the training session for which they applied, if not specified otherwise the official language of the workshops will be English.
3. **Ability to share their experience:** priority will be given to participants whose position will allow them to share with colleagues the outputs of the training sessions.
4. **Preferably officers working at food control authorities in a central administration level or local administration level** and who are responsible for the development, coordination or implementation of the official monitoring and controls plans.

The Project Manager will take care to give priority the participants corresponding to these criteria.

### 2.3. PROCESS TO BE FOLLOWED

The sharing of responsibilities in relation with the management of participation is aimed at ensuring that the expected number of supported participants from each country attending an event is reached.

- **Tasks entrusted to the NCP**

The National Contact Points are basically requested to:

- a) Consider the number of participants to be supported by the project at each session according to the information provided by AETS Consortium.

- b) Select participants complying with the above-mentioned selection criteria and request them to return a registration form using the template provided: **FCI\_Op14\_Registration form.xlsx**.

**The name of the file should clearly indicate the number of the session, the country and the name of the applicant.**

- c) Send the registration forms for the reserve list to AETS Consortium - One address to send the information and liaise with the organiser: [20169608.fci@aets-consultants.com](mailto:20169608.fci@aets-consultants.com)

• **Tasks entrusted to the Organiser**

The Organiser will verify the compliance of proposed participants with the selection criteria on the basis of the CVs and inform the NCP accordingly if the application can be accepted. It is therefore advisable to make sure that information in the registration form accurately reflects the adequacy of the profile of the participants with the selection criteria.

Actor in the process	Responsibilities
Organiser	<ul style="list-style-type: none"> <li>• Informs the NCP about the training course and selection criteria for the participants;</li> <li>• Informs the NCP on the number of participants the project will support and what exactly the support will comprise;</li> <li>• Provides to the NCP the template registration form to be completed and returned to the Project Management Unit;</li> <li>• Verifies that the profiles of the proposed participants do match the selection criteria and request clarifications to the NCPs when necessary;</li> <li>• Establishes the list of participants and informs the NCP;</li> <li>• Consults CHAFEA if questions arise on how to allocate remaining “seats” when some invited countries do not send participants;</li> <li>• Makes the travel arrangements for the selected participants.</li> </ul>

Actor in the process	Responsibilities
National Contact Point	<ul style="list-style-type: none"> <li>• Informs the relevant government bodies and institutions about the training course;</li> <li>• Proposes CVs of possible participants (using the registration form template) to the organiser, according to the selection criteria and in the number corresponding to the proposed number of supported participants the programme;</li> <li>• Proposes additional participants, to be included in a reservation list to be used in case of vacant seats, to the organiser.</li> </ul>

## 2.4. DEADLINES FOR REGISTRATION IN TRAINING SESSIONS

NCPs are kindly requested to provide the list of trainees for the first 2 Sessions (main applications and reserve applications) before the specific deadlines below.

Session (Date)	Location	Deadline for registration
13-17 January 2020	Brussels	25 <sup>th</sup> November 2019
24-28 February 2020	Riga	9 <sup>th</sup> December 2019

## 2.5. APPLICATIONS ON THE RESERVE LIST

Considering the interest in the training could vary from country to country, **all the NCPs are encouraged to send additional registration forms as early as possible to be included in a reserve list** so that we can allocate additional place(s) to your country, if there are any cancellations or unfilled places from other countries.

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## 3. ORGANISATION OF THE SESSIONS

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### 3.1 PROJECT MANAGEMENT

AETS Consortium is composed of AETS, AESA, AINIA and UNE. The general management of the Contract is ensured by AETS.

### 3.2 SUPPORT PROVIDED BY THE PROJECT

#### **Travel**

For each supported participant, the project will provide a return flight ticket - in economy class or a return train ticket in first class using the most direct route.

For participants from non-EU countries, the project will also reimburse visa costs upon provision of the original receipts by the participants for the incurred expenses.

Upon arrival, transfer from the airport or station to the hotel will be arranged by the organiser, as well as the transfer from the training site to the airport on the last day of the training.

The project also provides health and repatriation insurance for all the trainees.

#### **Accommodation**

The project will provide full-board accommodation for subsidised trainees for the period of the training:

on the day prior to the training: room charge (single occupancy) and dinner (depending on the arrival time);

from the 1st to the 3th day of the training: full board accommodation including breakfast,

2 coffee breaks, lunch, dinner and room charge (single occupancy);

on the 5th day of the training: breakfast, 1 coffee break and lunch for participant departing before 19:00, dinner and room charge (single occupancy) as required for the participants departing later or the day after the training.

#### **Training courses**

The following costs related to the implementation of the training courses will be covered by the project:

Access to fully equipped meeting rooms;

Transportation to the training centre;

Costs of transport to the closest airport or train station and visa costs if any.

The project will also provide the following material:

Stationary (notepad, pen, notepad-holder);

A folder including hand-outs of all the lectures;

USB key containing all the training material in electronic version;

A group photo.

Prior to each session, detailed information will be displayed on [www.foodinfo-europe.com](http://www.foodinfo-europe.com).

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## 4. LOCATION OF THE SESSIONS

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### SESSION 11

#### Brussels, Belgium

Brussels is a city willing to share its legendary Grand-Place with its rounded cobblestones and golden houses, the Manneken Pis, its Art Nouveau exteriors and its surrealism. Brussels is also an excellent place to organise BTSF training sessions because it is closed to European Commission and it could facilitate observers attending the sessions. Participants will have time to discover fluffy waffles and mesmerising chocolates meanwhile walking in stunning surrounds full of art, history and magic.

#### **Airport or Station of arrival**

Most of the participants will arrive in Brussels at the Brussels Airport - (BRU) or Train Station in Brussels. Transfers to the hotel are arranged with a private shuttle company. A taxi driver with the sign board of the BTSF logo will wait for them at the arrival hall. The transfer may be about 30 minutes.

#### **Accommodation**

Manos Stephanie Hotel\*\*\*\*

Chaussée de Charleroi, 28 1060 Brussels - Belgium

Tel: 32 (0)2 5390250

Fax: 32 (0)2 5375729

website: <http://www.manosstephanie.com/>

This hotel is ideally located in the vicinity of AETS Brussels Office (Avenue Louise). Criteria to select the four-stars hotel was to find an excellent hotel with large meeting rooms and located in the heart of town in order to be able to visit Brussels easily by foot.

#### **Meeting Facilities**

The Meeting rooms have been constructed and designed with the highest standards of security and comfort and are equipped with latest audio-visual equipment. All the meeting rooms are soundproofed, with individual lighting, temperature control systems and ISDN lines. Wired internet is available in the hotel rooms and all the public areas free of charge. Wireless internet connection is available in all public areas.

#### **Social Event**

A touristic walk through the ancient city of Brussels will be organised before going to dinner on the second evening of the course to stimulate the networking among participants and tutors, and to show the cultural richness of the city. The guide will tell old stories in relation with food sector (butcher during the Mid Age, discovery of cocoa...). According to the weather conditions and to the physical aptitude of the participants the tour might be done by bus.

## SESSION 12

### Riga, Latvia

Riga was founded in 1201 and is a former Hanseatic League member. Riga's historical centre is a UNESCO World Heritage Site. Furthermore, the city was nominated the European Capital of Culture in 2014. The city centre can be visited on foot, enjoying walking through its historical buildings and resting in its open-air bars.

#### **Airport of arrival**

Riga is served by Riga International Airport, the largest airport in the Baltic States. Transfers to the hotel will be arranged by the organiser with a referenced taxi company.

#### **Accommodation**

AVALON Hotel, Riga,  
13. Janvāra iela 19, LV-1050, Riga, Latvia  
Tel: + 371 6716 9999  
Fax: + 371 6716 0751  
E-mail: [reservations@hotelavalon.eu](mailto:reservations@hotelavalon.eu)  
<http://www.hotelavalon.eu/>

The Avalon Hotel was opened in June 2007 and it combines modernity and tradition. Moreover, it has an ideal situation in the heart of the historic Old Town. In this hotel the delegates will be able to enjoy a beautiful view of the Daugava River. Furthermore, Riga International Airport is only 10 km from the Avalon Hotel.

This four-star hotel hosts 111 comfortable guest rooms and suites. All rooms are equipped with air conditioning, shower with complimentary bath products; direct-dial phone, free high-speed wireless Internet access; hair dryer; iron and ironing board ; mini bar; safe deposit box; flat screen TV set, work desk with desk lamp.

#### **Meeting Facilities**

The conference room has a maximum capacity of 100 people in classroom style and 200 in theatre style (with chairs). A technician is at disposal in the beginning of the event for technical preparation and support, and on call during the event. The hotel offers technical support for full-scale conferences with screen; video projector; pad and pen for each delegate; DVD/CD/MP3 player; radio microphone; plasma TV; VAT; flipcharts; free high-speed wireless internet access.

#### **Social event**

Riga is the birthplace of Art Nouveau, which can be discovered during a walk through the streets of the city. This city like most cities in the East countries is divided into two parts, the old and the new.

The old town, Vecriga is characterised by the Cathedral Square (Doma Laukums), high symphony of Romanesque, Gothic and Baroque Art. The new town, also called "quiet center" with its remarkable Art Nouveau facades offers monuments like the "Liberty monument" or the Cathedral of the Nativity of Christ built in "neo-Byzantine" style. A walking tour of the city centre will be organised with an experienced local guide in the evening of the second day in order to stimulate the networking among participants and tutors. After having tasted the cultural richness of the city, the participants will be taken to a restaurant in an old authentic medieval house for the social dinner.

# ANNEX 1

## Participation for Session 11 and Session 12

Dates		13-17 Jan	24-28 Feb
Sessions		S11	S12
Location		Brussels, Belgium	Riga, Latvia
Organizer Entity		AETS	AETS
1	Albania	1	
2	Austria	1	
3	Belgium	2	1
4	Bulgaria		1
5	Croatia		1
6	Cyprus	1	1
7	Czech Republic	1	1
8	Denmark	1	1
9	Estonia	1	
10	Finland	1	1
11	France	2	1
12	Germany	1	2
13	Greece		1
14	Hungary	2	
15	Ireland	1	1
16	Italy	2	1
17	Latvia	1	1
18	Lithuania	1	
19	Luxemburg	1	1
20	North Macedonia	1	1
21	Malta		1
22	Montenegro		1
23	Netherlands		1
24	Poland	1	1
25	Portugal	1	1
26	Romania	1	1
27	Serbia	1	1
28	Slovakia		
29	Slovenia	1	1
30	Spain	1	1
31	Sweden	1	1
32	Turkey		
33	United Kingdom		
TOTAL MS and candidates		28	26

34	Iceland		
35	Norway		
36	Switzerland	1	
<b>TOTAL EFTA &amp; EEA</b>		<b>1</b>	<b>0</b>
37	<b>Potential Candidates &amp; ENP Countries</b>		
38	Georgia		1
39	Moldova		1
40	Ukraine		1
41	<b>Asian countries</b>		
42	India		1
43	Malaysia	1	
<b>TOTAL Other Countries</b>		<b>1</b>	<b>4</b>
<b>GRAND TOTAL</b>		<b>30</b>	<b>30</b>

## ANNEX 2

### Program Phase 2 Food Composition and Information

#### DAY 1: Introduction

14:00 – 14:30 // Registration of participants

14:30 – 15:00

#### Welcome address



GEM01

BTSF promotional movie  
Introduction to the training programme on Food Composition and Information  
Distribution of the training material (Booklet and Training Pack).

#### Method of training:

Lecture Day 1.1  
Questions and Answers  
Media: BTSF Video

#### Responsible tutor

Training Coordinator & Event Manager

15:00 – 15:30

#### Pre-Test



GEM02

OMBEA tool used to assess and collate answer to the opening questionnaire

- 16 questions
- 4 from each topic

15:30 – 16:00

#### Icebreaking Coffee break.



GEM03

Each participant receives half of a food product label.

He/she has to find the participant with the 2<sup>nd</sup> half of the same label and to learn about who she/he is and what is her/his professional background.

16:00 – 16:40

#### Round-table of trainees



GEM04

Each participant introduces his/her partner from the icebreaking coffee break:

- Name,
- Country of origin,
- Background
- What's interesting about the label?

16:40 – 16:50

#### EU Food Law and Food Information: Who does what to enforce Reg. (EU) n°1169/2011?



FIC01

#### Training objective / subjects covered

- Who decides what in the EU regarding food information legislation?
- What is administrative assistance?
- Who is DG SANTE - Directorate on Health and Food Safety?

#### Method of training:

Lecture Day 1.2  
Questions & answers

#### Responsible tutor

Training Coordinator

## DAY 1: Introduction (Continued)

16:50– 17:30

### The Food Information to Consumers Regulation (Reg. (EU) n°1169/2011)



FIC02

#### Training objective / subjects covered

The main provisions of Regulation (EU) 1169/2011, together with background information and the main changes to previous regulations.

Scope of Reg. (EU) 1169/2011

#### Method of training:

Lecture Day 1.3

Questions & answers

#### Responsible tutor

Training Coordinator

#### Labelling tutor

17:30 – 18:00

### Individual questions



GEM05

#### Training objective / subjects covered

Introduce questions sent in advance by participants. (See initial questionnaire).

Discussion on different labels brought by participants and presented on the screen.

#### Method of training

Discussions

#### Responsible tutor

Training Coordinator, Labelling Tutor and Event Manager

18:00 – 19:00

### Practical group Exercise - Part 1



PRJ01

#### Training objective / subjects covered

Introduction to the overarching Labelling Resource Base exercise.

Selection of topics.

Determination of groups.

#### Method of training

Desk research

Reformulation and practical application of learnings

Groups of 5-6

#### Responsible tutor

Training Coordinator & Labelling Tutor

19:30 // Welcome drink and Dinner

## DAY 2: Food Information

08:30 – 08:45

### Anchoring game: The Food Information to Consumers Regulation and Reasons for the Revision



GEM06

#### Training objective / subjects covered

Brief reminder under the form of a Quiz on previous day's lectures

#### Method of training

Quiz – Day 2.1

Interactive vote

#### Responsible tutor

Training Coordinator

08:45 – 09:45

### Nutrition declaration and general nutrition claims on Front of Pack



FIC03

#### Training objective / subjects covered

**Nutrition declaration** including portion declarations, references to RI etc. Front of pack declarations and alternative forms of expression.

Derogations from the nutrition declaration for small packs, unprocessed foods...

#### Method of training

Lecture Day 2.2 - Examples - Questions and Answers  
- Quizzes and self-assessment

#### Responsible tutor

General Labelling Tutor

09:45:15 – 10:15

### Meat Labelling and origin labelling on meat



FIC04

#### Training objective / subjects covered

Meat labelling with special reference to Annex VI

Origin labelling including Reg. 1337/2015 (plus any additional regulations)

#### Method of training

Lecture Day 2.3 - Examples - Questions and Answers  
- Quizzes and self-assessment

#### Responsible tutor

General Labelling Tutor

10:15 – 10:45 // Coffee break and group photo

10:45 – 11:15

### Meat Labelling and Origin labelling - Exercise



FIC05

#### Training objective / subjects covered

The exercise would include photos of labels and questions about the detail on the labels. (examples: why don't Lardons need to have the added water declaration whereas bacon does. What is the national mark on minced meat?)

#### Method of training

Exercise – Day 2.4

Evaluation of labels

#### Method of training

Lecture Day 2.5- Examples

#### Responsible tutor

Training Coordinator & Tutor General Labelling

#### Responsible tutor

General Labelling Tutor

11:15– 11:30

### Meat labelling and Origin Labelling - Exercise



FIC06

#### Training objective / subjects covered

Origin labelling including Reg. 1337/2015 (plus any additional regulations)

#### Method of training

Case Study Day 2.6

Case study (identify whether the FBO has made an origin claim on the label).

#### Responsible tutor

Training Coordinator & Tutor General Labelling

11:30 – 12:00

### Clarity and allergen labelling



FIC07

#### Training objective / subjects covered

Clarity and allergen labelling. Discussions around the criteria for clarity including minimum font size

Presentation on the Gluten-free regulations and around potential regulations on lactose-free

Status of reduced content claims.

Latest position on 'may contain' labelling

#### Method of training

Lecture Day 2.8, Questions and Answers

#### Responsible tutor

Training Coordinator & Tutor Labelling

## DAY 2: Food Information (Continued)

12:00 – 12:30

### Loose food (not packaged) and voluntary labelling



FIC08

#### Training objective / subjects covered

Presentation on the requirements for allergen labelling; other areas where national rules are permitted  
Requirements for voluntary nutrition labelling, Areas where information is given voluntarily

#### Method of training

Lecture Day 2.7 - Examples - Questions and Answers  
- Quizzes and self-assessment

#### Responsible tutor

Training Coordinator & Tutor Labelling

12:30 – 13:30 // Lunch break

13:30 – 14:00

### Labelling databases



FIC09

#### Training objective / subjects covered

Practical experience regarding the use of the labelling database

Online guidance

Industry guide (e.g. FoodDrinkEurope)

#### Method of training

Case study

Questions & answers

#### Responsible tutor

Training Coordinator & Tutor Labelling

### 14:00 – 14:30 Develop a strategy for assessing labels



FIC10

#### Training objective / subjects covered

Using practical examples in small groups, develop a strategy to test the compliance of labels

#### Method of training

Practical exercise using draft labels, Questions and Answers

14:30 – 15:00 // Coffee break

15:00 – 15:30

### Date marking and the implications of labelling on food waste



FIC11

#### Training objective / subjects covered

Lecture on the date marking requirements and the implications on MS actions to limit food waste

Exercises on common practice and some issues of difficulty

General discussions on the details and differences between the two different date marking expressions

Consumer education and Commission handouts on the two different types of date marking expression

#### Method of training

Lecture Day 2.10

Questions and Answers

#### Responsible tutor

Training Coordinator & Tutor Labelling

15:30 – 16:00

### Food information final discussion



FIC12

#### Training objective / subjects covered

Answers and discussions to the participants' questions from their initial questionnaires

Discussions around the labels brought by participants

Discussions around answers to quizzes from day 1 to 3

#### Method of training

Discussion

#### Responsible tutor

Training Coordinator & Tutor Labelling

### 16:00 – 17:30 Practical group Exercise – Part 2



PRJ02

#### Training objective / subjects covered

Analysis of label provided

Desk Research for applying legislation and conformity assessment

Presentation of storyboards

#### Method of training

Desk research

Reformulation and practical application of learnings

Groups of 5-6

#### Responsible tutor

Training Coordinator & Labelling Tutor

18:00 // Social event and Dinner

## DAY 3: Nutrition and Health Claims

9:00 – 9:30

Anchoring game: Exercise on Labelling compliance - Part 3



GEM07

### Training objective / subjects covered

Quiz on the details of 1169/2011 and 1153/2015 (plus new legislation)

### Method of training

Exercise Day 3.1  
Use of OMBEA tool

### Responsible tutor

Training Coordinator

9:30 – 10:15

The EU legislation applying to Nutrition and Health Claims (part 1)



CLAIM01

### Training objective / subjects covered

Legislation Reg. (EC) 1924/2006 - Rules and requirements set by the EU food Law on nutrition and health claims.

Definition of a nutrition and health claim:

- identifying a claim;
- specific and non-specific health claims,
- nutrition claims
- positive list of claims,
- reduction of disease risk claims,
- children's development and health claims

### Method of training

Lecture Day 3.2  
Questions & answers

### Responsible tutor

Tutor Nutrition & Tutor Health Claims

10:15 – 10:30

Quiz "Classify the claim"



CLAIM02

### Training objective / subjects covered

Quiz on "classify the claims": general and specific requirements, list of permitted claims, new claims, guidance, conditions

### Method of training

Quiz Exercise 3.2.1  
Questions & answers

### Responsible tutor

Tutor Nutrition & Tutor Health Claims

10:30 – 11:00 // Coffee break

11:00 – 11:30

The EU legislation applying to Nutrition and Health Claims (part 2)



CLAIM03

### Training objective / subjects covered

Legislation Reg. (EC) 1924/2006 - Rules and requirements set by the EU food Law on nutrition and health claims (continuation)

- What the law requires of Member States: validation of applications; implementing the regulation
- What is required of Food Business Operators: compliance with the regulation

Authorised health claims; the role of Member states, European Commission, and EFSA in authorising the claims

### Method of training

Lecture Day 3.3  
Questions & answers

### Responsible tutor

Tutor Nutrition & Tutor Health Claims

11:30 – 12:00

Nutrition and health claims in practice (part 1)



CLAIM04

### Training objective / subjects covered

To clarify advanced questions regarding the application of Legislation Reg. (EC) 1924/2006:

- Can numerical information be a claim (50% of RI; contains 10g of fat in a 20g portion)
- "On hold" claims: fit with the regulation; use in the market
- REFIT: the next phase - evaluation of the HCR (nutrient profiles and claims made on plants and their preparations)
- [Case law: business to business claims etc.]

### Method of training

Lecture Day 3.4, Questions & answers

### Responsible tutor

Tutor Nutrition & Tutor Health Claims

## DAY 3: Nutrition and Health Claims (Continued)

12:00 – 12:30

### Nutrition and health claims in practice (part 2)



CLAIM05

#### Training objective / subjects covered

The Union Register of nutrition and health claims, Internet sales, Answers and discussions to the questions from day 1.

#### Method of training

Lecture Day 3.5, Questions & answers

#### Responsible tutor

Tutor Nutrition & Tutor Health Claims

12:30 – 13:30 // Lunch break

13:30 – 14:30

### Exercise on Nutrition Claims and Health Claims compliance - Part 1



CLAIM06

#### Training objective / subjects covered

Legislation Reg. (EC) 1924/2006 - Rules and requirements set by the EU food Law on nutrition and health claims.

- [10 questions: consolidate knowledge with the support of the EU register for nutrition and health claims]  
OR Checking a claim: checking a claim against conditions of use
- Making a claim: using label information to choose the correct claim.

#### Method of training

Exercise, Groups of 6 to 7

#### Responsible tutor

Training Coordinator, Tutor Nutrition and Health Claims

14:30 – 15:00

### Exercise on Nutrition Claims and Health Claims compliance -Part 2



CLAIM07

#### Training objective / subjects covered

Hand-out giving reasoning for answers to exercises

#### Method of training

Exercise

Interactive vote

Answers (3.6 and 3.7)

#### Responsible tutor

Training Coordinator, Tutor Nutrition and Health Claims

15:00 – 15:30 // Coffee break

15:30 – 17:30

### Practical group Exercise – Part 3



PRJ03

#### Training objective / subjects covered

Drafting the text of the video, Preparing a simple storyboard, Preparation of shooting location and rehearsal

#### Method of training

Desk research - Reformulation and practical application of learnings  
Groups of 4 - 5

#### Responsible tutor

Training Coordinator & Labelling Tutor

20:00 // Dinner

## DAY 4: Food Supplement and Fortified Food

9:00 – 9:15

### Anchoring game – Nutrition and Health Claims



GEM08

#### Training objective / subjects covered

- Quiz on the details of Reg. (EC) 1924/2006

#### Method of training

Exercise Day 4.1  
Use of OMBEA tool

#### Responsible tutor

Training Coordinator

9:15 – 10:00

### Food Supplements: General provisions and information to Consumers - Part 1



FSFF01

#### Training objective / subjects covered

Definition and overall approach to food supplements in the EU Food Law (Dir. 2002/46/CE and subsequent amendments).

Competent Authorities at EU and National levels and their roles on fully harmonized and partially harmonized food supplements.

Rules and requirements on food supplements, in particular regarding the substances allowed (Annex II), or restricted and procedure for submitting requests for updating the current regulations.

Specific requirements regarding labelling of Food supplements (Dir, 2002/46/CE) and links to the Regulation on provisions of food information to consumers (Reg. 1169/2011) and on nutrition and health claims (Reg. 1924/2006): more problematic food supplement categories.

European Commission's REFIT Programme on Botanical food supplements health claims.

#### Method of training

Lecture Day 4.2  
Questions and Answers  
Examples

#### Responsible tutor

Tutor Food Supplements & Fortified Food

10:00 – 10:30

### Exercise on Labelling compliance applied to Food Supplements – Part 1



FSFF02

#### Training objective / subjects covered

Study of 5 Food Supplements labels

Assessment of food supplements including compliance with general and specific safety and labelling requirements including tolerances of nutrient values declared and acceptability of ingredients.

#### Method of training

Exercise Day 4.3  
Groups of 5 students, Interactive vote

#### Responsible tutor

Tutor Food Supplements & Fortified Food

10:30 – 11:00 // Coffee break

11:00 – 11:30

### Exercise on Labelling compliance applied to Food Supplements – Part 2



FSFF03

#### Training objective / subjects covered

On the basis of the results of the assessment **creation of a check-list** to conduct monitoring and controls on Food Supplements in the internal market and at the import from third countries.

#### Method of training

Exercise Day 4.3  
Groups of 5 students, Interactive vote

#### Responsible tutor

Tutor Food Supplements & Fortified Food

11:30 – 12:00

### Fortified foods



FSFF04

#### Training objective / subjects covered

Definition and overall approach to fortified food in the EU Food Law (Reg. (EC) 1925/2006).

Competent Authorities at EU and National levels and their roles on fully harmonized and partially harmonized fortified food

Rules and requirements regarding the fortification of food with vitamins and minerals in particular according to Reg. (EC) 1925/2006 prescriptions on substances allowed (Annex II) or restricted/prohibited (Annex III), and possible modifications of these Annexes.

#### Method of training

Lecture Day 4.4  
Questions and Answers

#### Responsible tutor

Training Coordinator & Tutor Food Supplements & Fortified Food

## DAY 4: Food Supplement and Fortified Food (continued)

12:00 – 12:30

Exercise on Regulation (EC) 1925/2006 on the addition of vitamins and minerals and of certain other substances to food



FSFF05

### Training objective / subjects covered

Questions and quiz on fortified foods

### Method of training

Examples, Exercise Day 4.5  
Groups of 5

### Responsible tutor

Training Coordinator & Tutor Food Supplements & Fortified Food

12:30 – 13:30 // Lunch break

13:30 – 14:00

Let's find the solution for bad labels :-)



FSFF06

### Method of training

Analysis of labels either real or designed by team

### Responsible tutor

Training Coordinator & Tutor Food Supplements & Fortified Food

14:00 – 15:00

Foods for infants and young children



FSG04

### Training objective / subjects covered

Lecture and discussion of specific examples around the status of:

- Infant formula and follow on formula-the new delegated act
- Cereal-based foods and other baby foods (the old rules apply pending a delegated act to be adopted under the new framework).
- Status of Milks for young children (growing up milks)

### Method of training

Lecture Day 5.1  
Questions and Answers, Examples

### Responsible tutor

Tutor Food for Specific Groups

15:00 – 15:30

Labelling requirements regarding Foods for Infant and Young Children



FSG05

### Training objective / subjects covered

Quiz and exercises regarding Infant formula, Follow on formula and Baby Food products

### Method of training

Questions and Answers, Examples

### Responsible tutor

Tutor Food for Specific Groups

15:30 – 16:00 // Coffee break

15:00 – 15:30

Labelling requirements regarding Foods for Infant and Young Children

15:30 – 16:00 // Coffee break

16:00 – 1800

Legislation on Food for Specific Groups



FSG01

### Training objective / subjects covered

Overview of the EU food law with regards Food for Specific Groups  
Legislative changes of the Reg. (EU) 609/2013 with the abolishment of the “dietetic food” concept  
Future way to deal with the former dietetic foodstuffs in the context of general labelling FIC regulation and the Reg. (CE) 1924/2006.

### Method of training

Lecture Day 4.6, Questions and Answers  
Examples

### Responsible tutor

Tutor Food for Specific Groups

## DAY 5: Food for Specific Groups and conclusions

Please check out of your bedroom before the session begins

9.00 – 9.45

### Labelling requirements for Total Diet Replacement Food and Food for Specific Medical Purpose



FSG03

#### Training objective / subjects covered

Foods for Special Medical Purposes and foods for Weight Control Discussion on the current status of total diet replacements and possible delegated acts.

Status of meal replacement products

#### Method of training

Lecture Day 4.7, Questions and Answers

Examples

#### Responsible tutor

Tutor Food for Specific Groups

09.45 – 10.30

### Guidance of the EC and EFSA on FSMPs (new presentation that will deal with the two relevant Guidance)



FSG04

#### Training objective / subjects covered

Guidance of the EC and EFSA on FSMPs

#### Method of training

Lecture Day 4.8, Questions and Answers

Examples

#### Responsible tutor

Tutor Food for Specific Groups

10:30 – 11:00 // Coffee break

11.00 – 11.30

### Labelling requirements regarding Food for Specific Groups



FSG02

#### Training objective / subjects covered

Quiz and exercises regarding Food for Specific Groups

11:30 – 12:00

### Post-test (Repetition of day 1) and answers



GEM09

Repetition of the test from day one to evaluate the success of the training course

12:00 – 12:15

### Closing of the Training



GEM10

Review trainees' questions and expectations

Remarks by the trainees

12:15 – 12:45

### Evaluation and delivery of training certificates



GEM11

Evaluation of the Training on line

Distribution of training certificates, group photo

12:45 – 13:30 // Lunch at the Hotel + Transfer to airport